## **Rochdale Covid-19**



People living with Dementia Survey Questionnaire for Carers looking afterpeople diagnosed or living with Dementia

## Please print, fill and send to:

Centre of Wellbeing, Training & Culture, 1 East Street Rochdale OL16 2EG

(Please tick the appropriate answer)
Full Name
Email
Postcode
1. Did you receive any support from your regular support services during the pandemic?
O Yes
O No
2. Was the information provided by the supporting services clear and easily accessible?
O Yes
O No
3. As a Carer, how has the corona-virus pandemic impacted on your mental health?
O My mental health has not changed
O My mental health has become better
O My mental health has become worse
4. As a carer, how has the corona-virus pandemic impacted upon your general well-being?
O There is no difference to my general well-being
My general well-being has become better
O My general well-being has become worse
5. How did you receive information?
☐ Telephone
☐ Fliers/Letters ☐ Email
□ Social Media
6. How important is it for a service to be culturally and language specific?
O Very Important
O Not important
7. Have you been supported well as a BAME carer?
O Yes
O No

8. As a carer what challenges have you faced during this pandemic? (Tick appropriate answers)
<ul> <li>□ Isolation</li> <li>□ Exhausted</li> <li>□ Feeling difficult to cope</li> <li>□ Feeling afraid due to lack of access to services</li> <li>□ Financial difficulties</li> </ul>
9. What improvements do you believe could be made to support you as carer and people living with dementia during the pandemic? (Tick appropriate answers)
<ul> <li>□ Provide easy to understand information in appropriate language</li> <li>□ Access to creative and cultural resources for engaging with people</li> <li>□ Planning for current and future needs</li> <li>□ Bilingual Support Helpline</li> <li>□ IT and social media training by bilingual staff</li> <li>□ Access to easy to understand media information material.</li> </ul>
10. Were you able to access facilities such as the hospital, community health and primary services during the lockdown?
O Yes
O No
11. Were you able to receive any information online for support needs?
O Yes
O No
12. Was any bilingual support offered by any of the services?
<ul><li>Yes (If yes - Please provide the service title below)</li><li>No</li></ul>
Comments
13. Have any of the services provide bilingual and culturally sensitive support?
O Yes
O No
14. Were you contacted by the local services for any practical support during the pandemic?
O Yes (If yes please provide further information)
O No
Comments
15. During the lockdown, have you undertaken any of the following activities to help maintain or improve your health and well-being? (Tick appropriate answers)
☐ Physical exercise
☐ Healthy eating
Arts & Crafts • Learnt new skills
Online courses or information
☐ Spending quality time with family

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